



12/22/18
through 1/6/19

December 2018/January 2019

**Oak Valley Elementary School
Jonata Middle School**



Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST				
Paid = \$2.00 - Reduced = \$0.30				
Whole grain breakfasts, served with fruit, juice, and 1% or Fat-Free milk MUST take 2 items - MUST take AT LEAST 1/2 cup of Fruit - MAY take up to 2 different fruits - MAY take 1 Fat-Free or 1% milk				
Cereal Graham Crackers and Yogurt	Whole Grain Muffin String Cheese	Cereal Graham Crackers and Yogurt	Whole Grain Bagel Cream Cheese	Cereal Graham Crackers and String Cheese
LUNCH				
Paid = \$3.50 - Reduced = \$0.40				
We offer 5 components at lunch: Meat, Grain, Fruit, Vegetables, and Milk MUST take 3 components - 1 component MUST be AT LEAST 1/2 cup fruit OR 1/2 cup Vegetable - MAY take up to 2 different fruits - MAY take 1 Fat-Free or 1% milk				
12/3	12/4	12/5	12/6	12/7
Pepperoni Pizza Baby Carrots and Fresh Fruit	Beef Soft Taco Cucumber Slices and Fresh Fruit	Baked Chicken and Corn Bread Edamame and Fresh Fruit	Stuffed Crust Pepperoni Pizza Tossed Salad and Fresh Fruit	Roast Turkey with Gravy, Mashed Potatoes, and Roll Corn and Fresh Fruit
12/10	12/11	12/12	12/13	12/14
Lasagna Roll / Garlic Bread Baby Carrots and Fresh Fruit	Drumstick Tater Tots and Cookie Cucumber Slices and Fresh Fruit	Turkey Soup Cheesy Breadsticks Edamame and Fresh Fruit	Stuffed Crust Pepperoni Pizza Tossed Salad and Fresh Fruit	Nachos Corn and Fresh Fruit
12/17	12/18	12/19	12/20	12/21
Pepperoni Pizza Baby Carrots and Fresh Fruit	Beef Soft Taco Cucumber Slices and Fresh Fruit	Baked Chicken and Corn Bread Edamame and Fresh Fruit	Stuffed Crust Pepperoni Pizza Tossed Salad and Fresh Fruit	Bean and Cheese Burrito Edamame, Apple Sauce/Raisins
1/7	1/8	1/9	1/10	1/11
Lasagna Roll / Garlic Bread Baby Carrots and Fresh Fruit	Drumstick Tater Tots and Cookie Cucumber Slices and Fresh Fruit	Turkey Soup Cheesy Breadsticks Edamame and Fresh Fruit	Stuffed Crust Pepperoni Pizza Tossed Salad and Fresh Fruit	Nachos Corn and Fresh Fruit
1/14	1/15	1/16	1/17	1/18
Pepperoni Pizza Baby Carrots and Fresh Fruit	Beef Soft Taco Cucumber Slices and Fresh Fruit	Baked Chicken and Corn Bread Edamame and Fresh Fruit	Stuffed Crust Pepperoni Pizza Tossed Salad and Fresh Fruit	Roast Turkey with Gravy, Mashed Potatoes, and Roll Corn and Fresh Fruit
1/21	1/22	1/23	1/24	1/25
MARTIN LUTHER KING DAY  NO SCHOOL	Drumstick Tater Tots and Cookie Cucumber Slices and Fresh Fruit	Turkey Soup Cheesy Breadsticks Edamame and Fresh Fruit	Stuffed Crust Pepperoni Pizza Tossed Salad and Fresh Fruit	Nachos Corn and Fresh Fruit
1/28	1/29	1/30	1/31	
Pepperoni Pizza Baby Carrots and Fresh Fruit	Beef Soft Taco Cucumber Slices and Fresh Fruit	Baked Chicken and Corn Bread Edamame and Fresh Fruit	Stuffed Crust Pepperoni Pizza Tossed Salad and Fresh Fruit	

Menu is subject to change without notice. This institution is an equal opportunity provider.

Payments can be made in the Café or online at MySchoolBucks.com - Los pagos pueden hacerse en el Café o en línea en MySchoolBucks.com

Please pre-pay all meals - Por favor, pagar por adelantado todas las comidas