



17-Mar

20-Mar

MARCH 2017

Jonata Middle School



	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST					
Paid = \$2.00 - Reduced = \$0.30					
	Assorted whole grain-rich cereal, fresh fruit, and fat-free or 1% milk				
LUNCH					
Paid = \$3.50 - Reduced = \$0.40					
			3/1	3/2	3/3
<p>Lunch includes: whole grain-rich entrée, fresh fruit, and fat-free or 1% milk</p>			Baked Chicken with Oven Roasted Potatoes Biscuit Fresh Fruit	Meatball Sub Baby Carrots Fresh Fruit	Nachos Cucumbers Fresh Fruit
	3/6	3/7	3/8	3/9	3/10
	Chicken Tenders Tator Tots Fresh Fruit	Chicken Tamale Refried Beans Fresh Fruit	Chef Salad Bear Grahams and Cucumbers Fresh Fruit	Real and Fresh Pepperoni Pizza Sunflower Seeds & Tossed Salad Fresh Fruit	Roast Pork with Stuffing Honey Biscuit Fresh Fruit
	3/13	3/14	3/15	3/16	3/17
	Enchilada Casserole Baby Carrots Fresh Fruit	Hamburger or Cheeseburger Tossed Salad Fresh Fruit	Baked Chicken with Oven Roasted Potatoes Biscuit Fresh Fruit	Meatball Sub Baby Carrots Fresh Fruit	Nachos Cucumbers Fresh Fruit
	3/20	3/21	3/22	3/23	3/24
	Chicken Tenders Oven Roasted Potatoes Fresh Fruit	Chicken Tamale Refried Beans Fresh Fruit	Chef Salad Bear Grahams and Cucumbers Fresh Fruit	Real and Fresh Cheese Pizza Sunflower Seeds & Tossed Salad Fresh Fruit	Roast Pork with Stuffing Honey Biscuit Fresh Fruit
	3/27	3/28	3/29	3/30	3/31
Enchilada Casserole Baby Carrots Fresh Fruit	Hamburger or Cheeseburger Tossed Salad Fresh Fruit	Baked Chicken with Oven Roasted Potatoes Biscuit Fresh Fruit	Meatball Sub Baby Carrots Fresh Fruit	Nachos Cucumbers Fresh Fruit	

Menu is subject to change without notice. This institution is an equal opportunity provider.

Payments can be made in the Café or online at MySchoolBucks.com - Los pagos pueden hacerse en el Café o en línea en MySchoolBucks.com

Please pre-pay all meals - Por favor, pagar por adelantado todas las comidas