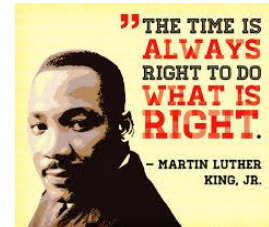





January 2019

Oak Valley Elementary School  
Jonata Middle School



MLK Jr. Day

21-Jan

Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b> Paid = \$2.00 - Reduced = \$0.30				
Whole grain breakfasts, served with fruit, juice, and 1% or Fat-Free milk MUST take 2 items - MUST take AT LEAST 1/2 cup of Fruit - MAY take up to 2 different fruits - MAY take 1 Fat-Free or 1% milk				
Cereal Graham Crackers and Yogurt	Whole Grain Muffin String Cheese	Cereal Graham Crackers and Yogurt	Whole Grain Bagel Cream Cheese	Cereal Graham Crackers and String Cheese
<b>LUNCH</b> Paid = \$3.50 - Reduced = \$0.40				
We offer 5 components at lunch: Meat, Grain, Fruit, Vegetables, and Milk MUST take 3 components - 1 component MUST be AT LEAST 1/2 cup fruit OR 1/2 cup Vegetable - MAY take up to 2 different fruits - MAY take 1 Fat-Free or 1% milk				
<b>1/7</b>	<b>1/8</b>	<b>1/9</b>	<b>1/10</b>	<b>1/11</b>
Lasagna Roll / Garlic Bread Baby Carrots and Fresh Fruit	Drumstick Tater Tots and Cookie Cucumber Slices and Fresh Fruit	Pozole Soup Tortilla chips Edamame and Fresh Fruit	Stuffed Crust Pepperoni Pizza  Tossed Salad and Fresh Fruit	Nachos  Corn and Fresh Fruit
<b>1/14</b>	<b>1/15</b>	<b>1/16</b>	<b>1/17</b>	<b>1/18</b>
Pepperoni Pizza Baby Carrots and Fresh Fruit	Crispy Beef Taco Cucumber Slices and Fresh Fruit	Baked Chicken and Corn Bread Edamame and Fresh Fruit	Stuffed Crust Pepperoni Pizza Tossed Salad and Fresh Fruit	Roast Turkey with Gravy, Mashed Potatoes, and Roll Corn and Fresh Fruit
<b>1/21</b>	<b>1/22</b>	<b>1/23</b>	<b>1/24</b>	<b>1/25</b>
<b>MARTIN LUTHER KING DAY</b>  <b>NO SCHOOL</b>	Drumstick Tater Tots and Cookie Cucumber Slices and Fresh Fruit	Pozole Soup Tortilla chips Edamame and Fresh Fruit	Stuffed Crust Pepperoni Pizza Tossed Salad and Fresh Fruit	Nachos Corn and Fresh Fruit
<b>1/28</b>	<b>1/29</b>	<b>1/30</b>	<b>1/31</b>	
Pepperoni Pizza Baby Carrots Fresh Fruit	Crispy Beef Taco Cucumber Slices Fresh Fruit	Baked Chicken and Corn Bread Edamame Fresh Fruit	Stuffed Crust Pepperoni Pizza Tossed Salad Fresh Fruit	

Menu is subject to change without notice. This institution is an equal opportunity provider.

Payments can be made in the Café or online at MySchoolBucks.com - Los pagos pueden hacerse en el Café o en línea en MySchoolBucks.com

**Please pre-pay all meals - Por favor, pagar por adelantado todas las comidas**