



May 2018/June 2018

Jonata Middle School



Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST Paid = \$2.00 - Reduced = \$0.30				
Whole grain breakfasts, served with fruit, juice, and 1% or Fat-Free milk MUST take 2 items - MUST take AT LEAST 1/2 cup of Fruit - MAY take up to 2 different fruits - MAY take 1 Fat-Free or 1% milk				
Whole Grain Muffin Yogurt	Cereal Graham Crackers and String Cheese	Whole Grain Bagel Cream Cheese	Cereal Graham Crackers and Yogurt	Pancakes String Cheese
LUNCH Paid = \$3.50 - Reduced = \$0.40				
We offer 5 components at lunch: Meat, Grain, Fruit, Vegetables, and Milk MUST take 3 components - 1 component MUST be AT LEAST 1/2 cup fruit OR 1/2 cup Vegetable - MAY take up to 2 different fruits - MAY take 1 Fat-Free or 1% milk				
	5/1	5/2	5/3	5/4
	BBQ Pulled Pork Sandwich Cucumber Slices Fresh Fruit	Baked Chicken and Waffles Baked Beans Fresh Fruit	Cheeseburger Tossed Salad Fresh Fruit	Nachos Corn Fresh Fruit
5/7	5/8	5/9	5/10	5/11
Chile Verde Gordita Baby Carrots Fresh Fruit	Teriyaki Beef with Rice and Fat Cat Cookie Cucumber Slices Fresh Fruit	Turkey and Bacon Salad with Tortilla Chips Baked Beans Fresh Fruit	Chicken Drumstick with Tater Tots and Dinner Roll Tossed Salad Fresh Fruit	Spaghetti and Meat Balls Corn Fresh Fruit
5/14	5/15	5/16	5/17	5/18
Breakfast for Lunch - Pancakes and Sausage (Pork) with Syrup Baby Carrots Fresh Fruit	BBQ Pulled Pork Sandwich Cucumber Slices Fresh Fruit	Baked Chicken and Waffles Baked Beans Fresh Fruit	Cheeseburger Tossed Salad Fresh Fruit	Nachos Corn Fresh Fruit
5/21	5/22	5/23	5/24	5/25
Chile Verde Gordita Baby Carrots Fresh Fruit	Teriyaki Beef with Rice and Fat Cat Cookie Cucumber Slices Fresh Fruit	Turkey and Bacon Salad with Tortilla Chips Salad and Fresh Fruit	Chicken Drumstick with Tater Tots and Dinner Roll Tossed Salad Fresh Fruit	Spaghetti and Meat Balls Corn Fresh Fruit
5/28	5/29	5/30	5/31	6/1
MEMORIAL DAY NO SCHOOL	BBQ Pulled Pork Sandwich Cucumber Slices Fresh Fruit	Baked Chicken and Waffles Baked Beans Fresh Fruit	Cheeseburger Tossed Salad Fresh Fruit	Bean and Cheese Burrito with Chips Corn Fresh Fruit
6/4	6/5	6/6	6/7	6/8
Chicken Tenders Baby Carrots Fresh Fruit	Teriyaki Beef with Rice and Fat Cat Cookie Cucumber Slices Fresh Fruit	Hamburgers Baked Beans Fresh Fruit	Chicken Drumstick with Tater Tots and Dinner Roll Tossed Salad Fresh Fruit	

Menu is subject to change without notice. This institution is an equal opportunity provider.

Payments can be made in the Café or online at MySchoolBucks.com - Los pagos pueden hacerse en el Café o en línea en MySchoolBucks.com

Please pre-pay all meals - Por favor, pagar por adelantado todas las comidas