






Nov 11

November 2018

Nov 22



**Oak Valley Elementary School
Jonata Middle School**

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST Paid = \$2.00 - Reduced = \$0.30				
Whole grain breakfasts, served with fruit, juice, and 1% or Fat-Free milk MUST take 2 items - MUST take AT LEAST 1/2 cup of Fruit - MAY take up to 2 different fruits - MAY take 1 Fat-Free or 1% milk				
Cereal Graham Crackers and Yogurt	Whole Grain Muffin String Cheese	Cereal Graham Crackers and Yogurt	Whole Grain Bagel Cream Cheese	Cereal Graham Crackers and String Cheese
LUNCH Paid = \$3.50 - Reduced = \$0.40				
We offer 5 components at lunch: Meat, Grain, Fruit, Vegetables, and Milk MUST take 3 components - 1 component MUST be AT LEAST 1/2 cup fruit OR 1/2 cup Vegetable - MAY take up to 2 different fruits - MAY take 1 Fat-Free or 1% milk				
			11/1	11/2
			Cheeseburger Tossed Salad Fresh Fruit	Tostada Corn Fresh Fruit
11/5	11/6	11/7	11/8	11/9
Meatball Sub Baby Carrots Fresh Fruit	Drumstick, Tater Tots & Cookie Cucumber Slices Fresh Fruit	Stuffed Crust Pepperoni Pizza Edamame Fresh Fruit	Chicken Tenders, Waffles, Syrup Tossed Salad Fresh Fruit	Nachos Corn Fresh Fruit
11/12	11/13	11/14	11/15	11/16
 NO SCHOOL Veterans' Day Observed	BBQ Pulled Pork Cucumber Slices Fresh Fruit	Stuffed Crust Pepperoni Pizza Edamame Fresh Fruit	Cheeseburger Tossed Salad Fresh Fruit	Tostada Corn Fresh Fruit
11/19	11/20	11/21	11/22	11/23
 THANKSGIVING BREAK - NO SCHOOL 				
11/26	11/27	11/28	11/29	11/30
Meatball Sub Baby Carrots Fresh Fruit	Drumstick, Tater Tots & Cookie Cucumber Slices Fresh Fruit	Stuffed Crust Pepperoni Pizza Edamame Fresh Fruit	Chicken Tenders, Waffles, Syrup Tossed Salad Fresh Fruit	Nachos Corn Fresh Fruit

Menu is subject to change without notice. This institution is an equal opportunity provider.

Payments can be made in the Café or online at MySchoolBucks.com - Los pagos pueden hacerse en el Café o en línea en MySchoolBucks.com

Please pre-pay all meals - Por favor, pagar por adelantado todas las comidas