| February 2019 <br> - Vappy Valentines Day! <br> Oalk Yailey Elementa Jonata Midalle Sch |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| BREAKFAST Paid $=\mathbf{\$ 2 . 0 0}$ - Reduced $\mathbf{=} \mathbf{\$ 0 . 3 0}$ |  |  |  |  |
| Whole grain breakfasts, served with fruit, juice, and 1\% or Fat-Free milk |  |  |  |  |
| Cereal Graham Crackers and Yogurt | Whole Grain Muffin String Cheese | Cereal <br> Graham Crackers and Yogurt | Whole Grain Bagel Cream Cheese | Cereal <br> Graham Crackers and String Cheese |
| LUNCH Paid $=\$ 3.50$ - Reduced $=\$ 0.40$ |  |  |  |  |
| We offer 5 components at lunch: Meat, Grain, Fruit, Vegetables, and Milk <br> MUST take $\mathbf{3}$ components - $\mathbf{1}$ component MUST be AT LEAST $\mathbf{1 / 2}$ cup fruit OR $\mathbf{1 / 2}$ cup Vegetable - MAY take up to $\mathbf{2}$ different fruits - MAY take 1 Fat-Free or 1\% milk |  |  |  |  |
|  |  |  |  | 2/1 |
|  |  |  |  | Roast Turkey, Mashed Potatoes, Gravy <br> and Roll <br> Corn <br> Fresh Fruit |
| 2/4 | 2/5 | 2/6 | 2/7 | 2/8 |
| Lasagna Roll/Garlic Bread <br> Baby Carrots <br> Fresh Fruit | Drumstick, Tater Tots \& Cookie <br> Cucumber Slices <br> Fresh Fruit | Pozole Soup with Tortilla Chips <br> Edamame <br> Fresh Fruit | Stuffed Crust Pepperoni Pizza <br> Tossed Salad <br> Fresh Fruit | Nachos <br> Corn Fresh Fruit |
| 2/11 | 2/12 | 2/13 | 2/14 | 2/15 |
| Pepperoni Pizza <br> Baby Carrots Fresh Fruit | Crispy Beef Taco <br> Cucumber Slices Fresh Fruit | Baked Chicken / Corn Bread <br> Edamame <br> Fresh Fruit | Stuffed Crust Pepperoni Pizza <br> Tossed Salad Fresh Fruit | Roast Turkey, Mashed Potatoes, Gravy <br> and Roll <br> Corn <br> Fresh Fruit |
| 2/18 | 2/19 | 2/20 | 2/21 | 2/22 |
|  |  | WNTER B | AK |  |
| 2/25 | 2/26 | 2/27 | 2/28 |  |
| Lasagna Roll/Garlic Bread <br> Baby Carrots <br> Fresh Fruit | Drumstick, Tater Tots \& Cookie <br> Cucumber Slices <br> Fresh Fruit | Pozole Soup with Tortilla Chips <br> Edamame <br> Fresh Fruit | Stuffed Crust Pepperoni Pizza <br> Tossed Salad Fresh Fruit |  |

Menu is subject to change without notice. This institution is an equal opportunity provider.
Payments can be made in the Café or online at MySchoolBucks.com - Los pagos pueden hacerse en el Café o en linea en MySchoolBucks.com
Please pre-pay all meals - Por favor, pagar por adelantado todas las comidas

