14-Feb	7	ebruary 2019		PRESIDENTS
Happy Valentines Day 1 2 Jonata Middle School				
Monday	Tuesday	Wednesday	Thursday	Friday
	BREAKFAST	Paid = 3	\$2.00 - Reduced = \$0.30	
	•	in breakfasts, served with fruit, juice, and 1%		
		EAST 1/2 cup of Fruit - MAY take up to 2 diffe		1
Cereal	Whole Grain Muffin	Cereal	Whole Grain Bagel	Cereal
Graham Crackers and Yogurt	String Cheese	Graham Crackers and Yogurt	Cream Cheese	Graham Crackers and String Cheese
	LUNCH	Paid = \$3.5	50 - Reduced = \$0.40	
	We offer 5	components at lunch: Meat, Grain, Fruit, Veg	getables, and Milk	
MUST ta	ke 3 components - 1 component MUST be AT L	EAST 1/2 cup fruit OR 1/2 cup Vegetable - M.	AY take up to 2 different fruits - MAY take 1	
				2/1
				Roast Turkey, Mashed Potatoes, Gravy
				and Roll
				Corn
2/4	2/5	2/5	2/7	Fresh Fruit
2/4	2/5	2/6	2/7	2/8
Lasagna Roll/Garlic Bread	Drumstick, Tater Tots & Cookie	Pozole Soup with Tortilla Chips	Stuffed Crust Pepperoni Pizza	Nachos
Baby Carrots	Cucumber Slices	Edamame	Tossed Salad	Corn
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
2/11	2/12	2/13	2/14	2/15
Pepperoni Pizza	Crispy Beef Taco	Baked Chicken / Corn Bread	Stuffed Crust Pepperoni Pizza	Roast Turkey, Mashed Potatoes, Gravy and Roll
Baby Carrots	Cucumber Slices	Edamame	Tossed Salad	Corn
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
2/18	2/19	2/20	2/21	2/22
Hid WINTER BREAK				
2/25	2/26	2/27	2/28	
Lasagna Roll/Garlic Bread	Drumstick, Tater Tots & Cookie	Pozole Soup with Tortilla Chips	Stuffed Crust Pepperoni Pizza	
Baby Carrots	Cucumber Slices	Edamame	Tossed Salad	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	

Menu is subject to change without notice. This institution is an equal opportunity provider.

Payments can be made in the Café or online at MySchoolBucks.com - Los pagos pueden hacerse en el Café o en linea en MySchoolBucks.com

Please pre-pay all meals - Por favor, pagar por adelantado todas las comidas