



**August/September 2018**  
**Oak Valley Elementary**  
**Jonata Middle School**



Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b>				
<b>Paid = \$2.00 - Reduced = \$0.30</b>				
Whole grain breakfasts, served with fruit, and 1% or Fat-Free milk				
MUST take 2 items - MUST take AT LEAST 1/2 cup of Fruit - MAY take up to 2 different fruits - MAY take 1 Fat-Free or 1% milk				
Cereal Graham Crackers and Yoghurt	Whole Grain Muffin String Cheese	Cereal Graham Crackers and Yoghurt	Whole Grain Bagel Cream Cheese	Cereal Graham Crackers and String Cheese
<b>LUNCH</b>				
<b>Paid = \$3.50 - Reduced = \$0.40</b>				
We offer 5 components at lunch: Meat, Grain, Fruit, Vegetables, and Milk				
MUST take AT LEAST 3 componenets - 1 component MUST be AT LEAST 1/2 cup fruit OR 1/2 cup Vegetable - MAY take up to 2 different fruits - MAY take 1 Fat-Free or 1% milk				
			<b>8/16</b>	<b>8/17</b>
			Chicken Tenders, Waffles, Syrup Tossed Salad Fresh Fruit	Nachos Corn Fresh Fruit
<b>8/20</b>	<b>8/21</b>	<b>8/22</b>	<b>8/23</b>	<b>8/24</b>
Green Chile & Cheese Quesadilla Baby Carrots Fresh Fruit	BBQ Pulled Pork Sandwich Cucumber Slices Fresh Fruit	Stuffed Crust Pepperoni Pizza Edamame Fresh Fruit	Cheeseburger Tossed Salad Fresh Fruit	Tostada Corn Fresh Fruit
<b>8/27</b>	<b>8/28</b>	<b>8/29</b>	<b>8/30</b>	<b>8/31</b>
Meatball Sub Baby Carrots Fresh Fruit	Drumstick, Tater Tots & Cookie Cucumber Slices Fresh Fruit	Stuffed Crust Pepperoni Pizza Edamame Fresh Fruit	Chicken Tenders, Waffles, Syrup Tossed Salad Fresh Fruit	Nachos Corn Fresh Fruit
<b>9/3</b>	<b>9/4</b>	<b>9/5</b>	<b>9/6</b>	<b>9/7</b>
	BBQ Pulled Pork Sandwich Cucumber Slices Fresh Fruit	Stuffed Crust Pepperoni Pizza Edamame Fresh Fruit	Cheeseburger Tossed Salad Fresh Fruit	Tostada Corn Fresh Fruit
<b>9/10</b>	<b>9/11</b>	<b>9/12</b>	<b>9/13</b>	<b>9/14</b>
Meatball Sub Baby Carrots Fresh Fruit	Drumstick, Tater Tots & Cookie Cucumber Slices Fresh Fruit	Stuffed Crust Pepperoni Pizza Edamame Fresh Fruit	Chicken Tenders, Waffles, Syrup Tossed Salad Fresh Fruit	Nachos Corn Fresh Fruit
<b>9/17</b>	<b>9/18</b>	<b>9/19</b>	<b>9/20</b>	<b>9/21</b>
Green Chile & Cheese Quesadilla Baby Carrots Fresh Fruit	BBQ Pulled Pork Sandwich Cucumber Slices Fresh Fruit	Stuffed Crust Pepperoni Pizza Edamame Fresh Fruit	Cheeseburger Tossed Salad Fresh Fruit	Tostada Corn Fresh Fruit
<b>9/24</b>	<b>9/25</b>	<b>9/26</b>	<b>9/27</b>	<b>9/28</b>
Meatball Sub Baby Carrots Fresh Fruit	Drumstick, Tater Tots & Cookie Cucumber Slices Fresh Fruit	Stuffed Crust Pepperoni Pizza Edamame Fresh Fruit	Chicken Tenders, Waffles, Syrup Tossed Salad Fresh Fruit	Nachos Corn Fresh Fruit

Menu is subject to change without notice. This institution is an equal opportunity provider.

Payments can be made in the Café or online at [MySchoolBucks.com](http://MySchoolBucks.com) - Los pagos pueden hacerse en el Café o en línea en [MySchoolBucks.com](http://MySchoolBucks.com)

**Please pre-pay all meals - Por favor, pagar por adelantado todas las comidas**